

Nepean ADHD Project Symptom Scale (NAPSS)

Name _____ Date _____

Completed by _____ Relationship to person _____

Current medication and dose _____

Score each item: **0** not at all **1** just a little **2** pretty much **3** very much

(score 0–1 – No; score 2–3 – Yes)

Inattention		Score
1.	Often fails to give close attention to details or makes careless mistakes	0 1 2 3
2.	Often has difficulty sustaining attention in tasks or activities (eg difficulty during lectures, conversations or lengthy reading)	0 1 2 3
3.	Often does not seem to listen when spoken to directly (eg mind seems elsewhere)	0 1 2 3
4.	Often does not follow through on instructions and fails to finish tasks (eg quickly loses focus and is easily sidetracked)	0 1 2 3
5.	Often has difficulty organizing tasks or activities (eg difficulty managing sequential tasks, poor time management)	0 1 2 3
6.	Often avoids, dislikes or is reluctant to engage in tasks that require sustained mental effort (eg schoolwork or homework, writing reports)	0 1 2 3
7.	Often loses things necessary for tasks or activities (eg school materials, pencils, books, wallets, keys, paperwork, eyeglasses, mobile telephones)	0 1 2 3
8.	Is often easily distracted by extraneous stimuli (may include unrelated thoughts)	0 1 2 3
9.	Is often forgetful in daily activities (eg chores, errands, returning calls, keeping appointments)	0 1 2 3
Inattention: Number of items scored 2 or 3 _____ Mean score per item _____		
Hyperactivity/impulsivity		Score
1.	Often fidgets with or taps hands or feet or squirms in seat	0 1 2 3
2.	Often leaves seat in situations when remaining seated is expected	0 1 2 3
3.	Often runs about or climbs in situations where it is inappropriate (in adolescents or adults, may be limited to feeling of restless)	0 1 2 3
4.	Often unable to play or engage in leisure activities quietly	0 1 2 3
5.	Is often "on the go," acting as if "driven by a motor"	0 1 2 3
6.	Often talks excessively	0 1 2 3
7.	Often blurts out an answer before a question has been completed (eg completes people's sentences; cannot wait for turn in conversation)	0 1 2 3
8.	Often has difficulty awaiting turn (eg while waiting in a queue)	0 1 2 3
9.	Often interrupts or intrudes on others (eg butts into conversations, games, or activities, borrows items without asking)	0 1 2 3
Hyperactivity/impulsivity: Number of items scored 2 or 3 _____ Mean score per item _____		

Score each item: **0** not at all **1** just a little **2** pretty much **3** very much

(score 0–1 – No; score 2–3 – Yes)

Oppositional/defiant		Score
1.	Often loses temper	0 1 2 3
2.	Is often touchy or easily annoyed	0 1 2 3
3.	Is often angry and resentful	0 1 2 3
4.	Often argues with authority figures	0 1 2 3
5.	Often actively defies or refuses to comply with requests or rules	0 1 2 3
6.	Often deliberately annoys others	0 1 2 3
7.	Often blames others for his or her mistakes or misbehaviour	0 1 2 3
8.	Has been spiteful or vindictive at least twice within the past 6 months	0 1 2 3
Oppositional/defiant: Number of items scored 2 or 3 _____ Mean score per item _____		
Impact		Score
1.	Is considered capable of higher achievement – could do better	0 1 2 3
2.	Behaviour presents unreasonable stress or disruption in school or work	0 1 2 3
3.	Behaviour presents unreasonable stress or disruption in the family	0 1 2 3
4.	Behaviour significantly impacts on peer relationships	0 1 2 3
5.	Person is aware of difficulties and has low self-esteem	0 1 2 3